

Lebanon Recreation League Youth Basketball 2010/2011
For 5th - 8th Grades
We will travel to other towns

- The program will begin on Thursday, October 28, 2010 and will conclude in March.
- Teams will meet two times a week in November with games starting in December.
- The focus of this program will be to help develop advanced basketball skills and sportsmanship and to provide wholesome exercise.
- Practice sessions and games will be played using 10-foot baskets.
- Teams will be limited to 10 players per team.
- When there are school cancellations, there will be no practice held.
- Teams will follow the Eastern Basketball League Rules

Coaches are needed for all teams. Please contact the Recreation Department. Number of teams will be determined by the number of coaches that volunteer.

Basketball Clinic Days will be held on:

Boys—5/6 Grades – Thursday, October 28th - 5:30-7:00 @ LMS

Boys—7/8 Grades – Thursday, October 28th - 7:00-8:30 @ LMS

Girls—5/6 Grades – Friday, October 29th - 5:30-7:00 @ LMS

Girls—7/8 Grades - Friday, October 29th - 7:00-8:30 @ LMS

**Coaches/Players Clinic – Saturday, October 30th
9:00 am – Noon for grades 4-6**

****All Coaches must attend or send an assistant. Teams will be picked after the clinic****